Viveve® Vaginal Radiofrequency (RF) Therapy

**Study Design**
- Prospective, open label, single arm, single site study
- Convenience sample of participants were chosen for study based upon self-reports
- Participants were not compensated for participation
- Language of the study was in Japanese
- Patients were not taking over the counter (OTC) or prescription (Rx) drugs
- No psychological disorders or classic sexual dysfunctions was noted.
- All women reported a symptom of “vaginal emptiness,” as if water could flow through the vagina.
- Pelvic examinations at day 10 and throughout the 6 months of follow up were unremarkable.

**Method**
- RF Procedure
  - 30 Japanese women treated. Mean age 42.9 y (range 25-50 y).
  - High peak power density (2.1 W/cm2) delivered to 2 cm per pass; 100% had > 2 cm and 90% had 3 cm or greater thermal injury. Participants were postmenopausal or premenopausal but were not taking hormone replacement therapy for at least 6 months.
  - All patients via translabial approach (an anterior dispute for a vaginal intrauterine ring). RF energy delivered at 90 J/cm2 was safe, effective and well-tolerated.